



M

Soup: Carrot Cumin Soup **FIT**

Entrée: Grain Infused Meatloaf; Turkey Quinoa Loaf
Sweet Potato Wedges **FIT**; Lemon Scented Broccoli

Deli: Lemon Dill Tuna Salad, Red Onion Whole Wheat Thin

Grill: Achiote Shrimp, Pina Quesadilla

Toss'd: Green Bean, Tomato Salad, Lemon Vinaigrette **FIT**

T

Soup: Chicken, Quinoa Vegetable Soup **FIT**

Action: Blended Taco; Balsamic Chicken Breast; Grilled Salmon

Deli: House Roast Turkey, Apple Honey Coleslaw, Swiss Cheese Rachel

Grill: Quinoa, Currant Stuffed Acorn Squash, Pumpkin Seed **FIT**

Toss'd: Orange, Dill, Pasta Salad, Citrus Balsamic Vinaigrette **FIT**

W

Soup: Black Bean, Bacon Soup **FIT**

Action: Filipino Inasal
Chicken Inasal; Tofu Inasal

Deli: Lemon Chicken, Tzatziki Sauce Gyro

Grill: Grilled House Roast Turkey, Cheddar Cheese, Apple, Honey Dijon

Toss'd: Black Bean, Quinoa Salad, Cilantro Lime Dressing **FIT**

TH

Soup: French Onion Soup

Entrée: **Women's History Month – Julia Child**
Roast Chicken Provencal; Beef Bourguigon

Deli: Peruvian Pulled Pork, Salsa Criolla Baguette

Grill: Grilled Tilapia Tacos, Strawberry Salsa

Toss'd Salad Nicoise Tuna

F

Soup: Chicken, Vegetable, Rice Soup **FIT**

Entrée: Sriracha Glazed Salmon **FIT**; Sriracha Glazed Grilled Cauliflower Steak
Sautéed Green Bean **FIT**; Potato Gratin

Deli: Grilled Lemon Pepper Chicken, Jicama Mango Salad Wrap

Grill: Turkey Mushroom Banh Mi Burger

Toss'd: Spinach, Edamame, Strawberry, Goat Cheese, Sunflower Seed **FIT**

